

ALPINE BOARD OF HEALTH

Tuesday, September 11, 2012 – Alpine Borough Hall
(This meeting was taped in its entirety).

CALL TO ORDER/PUBLIC ANNOUNCEMENT: Dr. Penn called the meeting to order at 7:02 p.m. and read the following Public Announcement in compliance with the N.J.S.A. 10:4-6 et seq.: *In accordance with the provisions of the New Jersey Open Public Meetings Law, the notice of this Regular Meeting held Tuesday, September 11, 2012 has met the requirements of the law by being faxed to The Record and posted on the bulletin board of the lobby in the Borough Hall and a copy filed in the office of the Borough Clerk.*

ROLL CALL:Present: Dr. Penn, Dr. Laifer, Dr. Pappas, Dr. Dalavagas

Absent: Dr. Gasalberti, Ms. Snow (Alt. I), Mr. Inguaggiato (Alt. II)

Also present on dais: Health Officer William Galdi, Board Secretary Gail Warming-Tanno

MINUTES 5/8/2012: Approved upon motion by Dr. Laifer, seconded by Dr. Pappas and approved by all eligible to vote.

REPORT OF HEALTH OFFICER: Appended.

NEW BUSINESS: Flu Clinic to be held Thursday, November 8, 2012 from 10 AM – 11 AM and will be advertised in the newsletter.

COMMUNICATIONS - Nancy Mangieri, DNP, Director of the Bergen County Department of Health Services (BCDHS) One Bergen County Plaza, Hackensack, NJ 07601 addressed the Board. Ms. Mangieri is also Health Officer for Alpine and 29 other towns. She distributed informational packets. Included in the packet is a handout "Board of Health Member – Orientation Manual: A Guide to Roles and Responsibilities." She explained the guide offers a practical approach to community analysis and assessments for health care to afford the best utilization of limited tax dollars. She recommended Board members take advantage of a weblink to <http://njhealthtest.org>, an online resource and become certified as a Board of Health member. This enables them to cohort with other volunteer Board of Health members throughout Bergen County as they all have a common purpose. Her job is to assist the Board to deliver good health and prevention programs to our residents. BCDHS has many and varied programs and services and a variety of experts in various fields available to address the Board briefly at future meetings. For example:

Mental Health Resources/ Addiction Issues. The stigma of these issues typically isolates people from seeking help. BCDHS can demonstrate the vast array of services that are available through the County and help make those connections. Mr. Galdi noted the Borough has called upon the BCDHS to assist a resident in need in this regard.

American Medicine Cabinet. A new program, BCDHS can install a medication drop/off receptacle in the Police Department. Formerly done here and there for one day basis they are looking to establish more 24/7 drop offs throughout the County to help prevent unused medication from getting into the wrong hands. Police then destroy the medications as part of routine evidence incineration procedures. The Board raised questions on the danger of people disposing of unused syringes in the receptacles. Ms. Mangieri noted labeling and education are used to prevent that. There is a one time cost of no more than \$600 (dependent on the design and labeling) for the receptacle.

Stanford University Chronic Disease Self-Management Program Small groups of 12-15 people are brought together for two hours a week for six weeks to learn about chronic disease of all kinds, and develop action plans and coping mechanisms. Attendees often bond and continue as mini support groups within the community. The program is also open to caregivers to give them a better understanding of the person living with chronic disease.

Minutes approved by the Board of Health.

Animal Microchipping/Rabies Vaccination/Shelter The County will begin opening its microchip program to the public at small fee (about \$25, far cheaper than anywhere else.) They hope to provide all the police departments with low cost wands so lost dogs and cats can be quickly identified and returned to their owners. The County also offers free rabies vaccination clinics. Members are encouraged to visit improved facilities at the Teterboro Animal Shelter that has a new director and 4 new veterinarians. With more and more animals displaced in this economy they have a large variety and people should be encouraged to look to the shelter for adoption of pets. Animal Control Division has also just received new equipment including new fuel efficient vans.

Expert Topic Speakers Ms. Mangieri will provide a list to the Board of Health Secretary of speakers available to address a wide variety of topics.

West Nile Virus Ms. Mangieri asked for the BOH members to help get the message out to residents regarding the dangers of mosquito-borne West Nile Virus (WNV). BC Mosquito Control surveillance has confirmed a high mosquito population this year and the presence of WNV in all three local species which now includes the new Tiger mosquito that hunts during the day and can breed in a stagnate water source the size of a thimble or bottle cap. The population will be at its height over the next three-four weeks and residents should be urged to 1) clear their properties of any sources of stagnant water where mosquitoes could breed and 2) do not go out without wearing mosquito (DEET-based) repellants. In Bergen County, two confirmed cases of WNV infection in humans involve octogenarians one of whom required hospitalization for 9 days and one in intensive care. Treatment consists of supportive care and the elderly and immune-compromised people are at greatest risk. To date there has been one death in NJ. Important to note is while the County sprays public areas they cannot go on private property without owner permission but will spray residents back yards upon request. Ms. Mangieri's packets include information on WNV, testing and talking points for prevention. They can also help elderly who need assistance clearing their yards of water. A CDC video is also on their website.

NJ Lincs System This is an electronic health information alert system. Ms. Mangieri encouraged all members to sign up for these free e-mail health alerts from the State that include food recalls, health emergencies and are trending events that impact NJ.

Health Promotion Information Included in their packets is a copy of the most recent packet of materials that the BCDHS routinely sends out to towns on a regular basis.

Emergency Management/Preparedness and Hazardous Materials They act as the lead agency and perform community education to get people involved and prepared. Their team is visiting Indian Point to learn potential impacts and responses. Geographically Alpine couldn't be more ground zero being directly across from NYC and Bergen County is a State Evacuation Route for NY in case of an event so they need to be prepared.

In summary, Ms. Mangieri emphasized that the BCDHS is really looking to communicate and partner with the Alpine Board of Health on a much more personal basis. County nurses perform blood pressure screenings and follow up on reportable diseases. Alpine had 3 reportable diseases from May – August and 4 animal exposures that their nurses followed. New annual contracts with municipalities will be mailed out in a few weeks and should be lower as they work to drive costs down. She asked members to please reach out to the County for any questions. Public Health is all about prevention.

MOMENT OF SILENCE FOR VICTIMS OF 9-11 Led by Dr. Laifer.

ADJOURNMENT: at 7:51 PM upon motion by Dr. Laifer, seconded Dr. Pappas and approved by all.

Respectfully submitted,
Gail Warming-Tanno, Board Secretary

REPORT OF HEALTH OFFICER - William Galdi HO 9/11/2012

Septic Systems In Progress Surveillance of all septic systems.

Dr. Drut	Cassandra Drive	79.01/3	McNally Engineering	Van Wyk
Mr. Patel	Rt 9W	121/3	Hubschman Eng.	Mauro
Mr. Meehan	Litchfield Way	71/7	McNally Engineering	Tobar
Dr. Emami	8 Dogwood Lane	73/16	Hubschman Eng.	Wiggers
Mr. Chuchalov	18 Overlook	75/10	McNally Engineering	Van Wyk
Mr. Raasch	88 Church Street	49.02/12	McNally Engineering	Van Wyk
Mr. Rosenberg	52 Robin Lane	30/11	Hubschman Eng.	Van Wyk
Mrs. Fox	Graham Street	39.01/9.15	McNally Engineering	Van Wyk

Test Holes / Inspections / Other

- 5/21/2012 Bob Silberburg (Petranus) Berkery Pl 72/2 Hubschman Eng. Mauro
4 test holes
- 5/22/2012 Received call from Jim Donnelly, State Controllers Office Attorney General re: complaint from Mr. Kim, Closter Dock Road that he submitted septic plans to B.O.H. in 2009 and I have never giving him a reply. I informed Mr. Donnelly isn't it off that he would wait 3 years to go to the A.G. and never ask me about it. I told Mr. Donnelly what he is referring to is a court case where our attorney told him to get an engineer to draw up a plan and submit it to me for review. To date I never received a plan. The A.G. informed me they are not taking any action on same and the case is closed.
- 5/23/2012 Greater NY Scout Council. Complete Pre-opening inspection – Satisfactory
- 5/23/2012 Alpine Swim & Tennis Club. Complete Pre-opening inspection – Satisfactory
- 5/24/2012 Montammy Golf Club. Complete Sanitary Inspection Restaurant & Pool – Satisfactory
- 5/31/2012 Dr. Levin 6 Canterbury Ct 81.01/4 McNally Engineering Vandenberg
4 test holes with Borough Engineer, Gary Vander Veer
- 6/1/2012 Dr. Kim 27 Forest Street 60/4 McNally Engineering Van Wyk
2 test holes with Borough Engineer, Gary Vander Veer
- 6/6/2012 Mr. Chung 88 Church Street 49.02/12 McNally Engineering Van Wyk
9 test holes with Borough Engineer, Gary Vander Veer
- 6/6/2012 Mr. Lee 4 Schaffer Road Alliotts Construction
Inspected sewer line to septic tanks
- 6/7/2012 Dr. Emami 8 Dogwood 75/3 Hubshcman Engineering Ed Mills (plumber)
Inspected sewer line to septic tanks
- 6/28/2012 Mr. Chuchalov 18 Overlook 75/10 McNally Engineering Van Wyk
Excavating to remove and install 2 new septic systems
- 7/24/2012 Mr. Raasch 88 Church Street 49.02/12 McNally Engineering Van Wyk
Replace septic tank, D box and laterals in field
- 8/13/2012 Mr. Rosenberg 52 Robin Lane 30/11 Hubschman Eng. Van Wyk
Removing and installing 2 new septic systems
- 8/24/2012 Alpine Public School Inspected staff kitchen – Satisfactory
- 8/24/2012 Received call from Attorney Robert Mayirovic representing Mr. Kim of 1006 Closter Dock Road. He will discuss same with Mr. Kim and so as to set up a meeting. To date have heard nothing. (9/6/2012)
- 8/24/2012 Mrs. Fox Graham Street 39.01/9.15 McNally Engineering Mauro
Removing and installing 2 new septic systems.
- Management of the COAH Housing Project